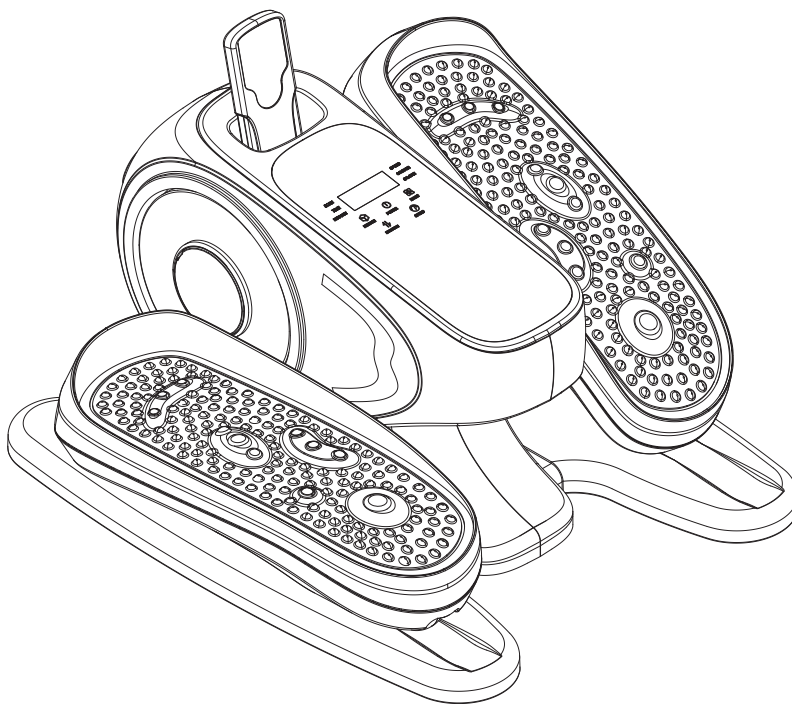


STAMINA[®]

MOTORIZED ELLIPTICAL

Owner's Manual



Product May Vary Slightly From Pictured.

CAUTION:

Weight limit is not applicable if product is used properly.
This unit is not designed to support a user's weight.

This Product is Distributed Exclusively by



4435 West Manufacturers Street, Springfield, MO 65803
Customer Care
1 (800) 375-7520
www.staminaproducts.com

! WARNING

- Exercise can present a health risk. Consult a physician before beginning any exercise program with this equipment. If you feel faint or dizzy, immediately discontinue use.
- Serious bodily injury can occur if this equipment is not assembled and used in accordance with the owner's manual.
- Follow all safety instructions in this owner's manual.

When calling for parts or service, please specify the following numbers:

Model#: 55-1640

S/N: _____

STAMINA PRODUCTS
MADE IN CHINA

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2025, 07

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SAFETY INSTRUCTIONS

- ⚠ WARNING** Cancer and Reproductive Harm www.P65Warnings.ca.gov
- ⚠ WARNING** Consult your physician before starting this or any exercise program. This is especially important if you are over the age of 35, have never exercised before, are pregnant, or suffer from any health problem. This product is for home use only. Do not use in institutional or commercial applications. Failure to follow all warnings and instructions could result in serious injury or death.
- ⚠ WARNING** To reduce the risk of serious injury, read the following Safety Instructions before using the Stamina Motorized Elliptical.
- ⚠ WARNING** ONLY USE THE STAMINA MOTORIZED ELLIPTICAL WHILE SITTING. DO NOT STAND ON THE ELLIPTICAL.

- To reduce the risk of electrical shock, always unplug the power cord before performing the maintenance, adjustments and cleaning procedures described in this manual.
- The Stamina Motorized Elliptical should never be left unattended when plugged in. Unplug from outlet when not in use.
- Do not cover it during use to prevent the motor from overheating and causing malfunction or damage.
- The Stamina Motorized Elliptical should only be used after a thorough review of the Owner's Manual by all exercisers and saved for future reference.
- Keep children and pets away from the Stamina Motorized Elliptical at all times. This product is for adult use only.
- It is recommended that you place this product on an equipment mat.
- Set up and operate the Stamina Motorized Elliptical on a solid level surface. Do not position the product on loose or uneven surfaces.
- Do not place the Stamina Motorized Elliptical near water or outdoors.
- Position the Stamina Motorized Elliptical so that the wall plug is visible, accessible and away from heated surfaces.
- Make sure that adequate space of 4 feet wide x 6 feet long is available for access to and around the product.
- Before using, always inspect the product for worn parts that should be replaced or loose parts that should be tightened.
- Do not use the Stamina Motorized Elliptical if it is damaged or defective.
- Do not operate the Stamina Motorized Elliptical if the power cord or plug is damaged, or if the elliptical is not working properly.
- Do not operate the Stamina Motorized Elliptical with wet hands.
- Do not place the power cord under the Stamina Motorized Elliptical or any heavy object.
- Do not wrap the power cord around the product. This could damage the power cord, resulting in electric shock or electrical fire.
- To reduce the possibility of the elliptical overheating, do not operate the Stamina Motorized Elliptical continuously for longer than one hour.

SAFETY INSTRUCTIONS

- Always choose the workout which best fits your physical strength and flexibility level. Know your limits and train within them.
- Do not wear loose clothing while using the Stamina Motorized Elliptical.
- Always wear proper footwear such as running, walking, or cross training shoes.
- The Stamina Motorized Elliptical is for consumer use only. It is not for use in public or semipublic facilities.

FCC Statements:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) This device may not cause harmful interference, and
- 2) This device must accept any interference received, including interference that may cause undesired operation.

MODIFICATION: Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the device.

EXTEND YOUR PARTS WARRANTY TO 180 DAYS FROM THE DATE OF PURCHASE. REGISTER YOUR PRODUCT.



**NEED HELP?
CONTACT US FIRST
1 (800) 375-7520**
customer.care@staminaproducts.com

Hi! From all of us here at Stamina Products, thank you for your purchase. We know that you have big fitness goals in mind and we are here to help you along. Call us, email us, or send us a message on Facebook. Be sure to contact us if you have any questions on your new product. We look forward to hearing from you!

With your body in mind,
Stamina Customer Care

To enact your extended warranty and to help us better serve you, please go online and register your new product.

register.staminaproducts.com

It is quick and easy to register online, but if you're a little old school or just need a reason to raise that little flag on your mailbox, fill out the info on the last page of this manual and mail it in.



ONLINE

customer.care@staminaproducts.com
www.staminaproducts.com



TELEPHONE

1 (800) 375-7520



FAX

(417) 889-8064



MAIL

Stamina Products, Inc.
ATTN: Customer Care
4435 West Manufacturers
Street, Springfield, MO 65803



facebook.com/StaminaProducts
facebook.com/AeroPilates

CUSTOMER CARE HOURS:

Monday-Thursday, 7:30 AM-5:00 PM, Central Time
Friday, 8:00 AM-3:00 PM, Central Time

BEFORE YOU BEGIN

Thank you for choosing the Stamina Motorized Elliptical. We take great pride in this quality product and hope it will provide many hours of quality exercise to make you feel better, look better, and enjoy life to its fullest.

It's a proven fact that a regular exercise program can improve your physical and mental health. Too often, our busy lifestyles limit our time and opportunity to exercise. The Stamina Motorized Elliptical provides a convenient and simple method to begin your journey of getting your body in shape and achieving a happier and healthier lifestyle.

Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled. Locate the serial decal on the product and write the serial number on the cover of the manual in the space provided. See the next page for an image of the serial decal. Model number and serial number are required when

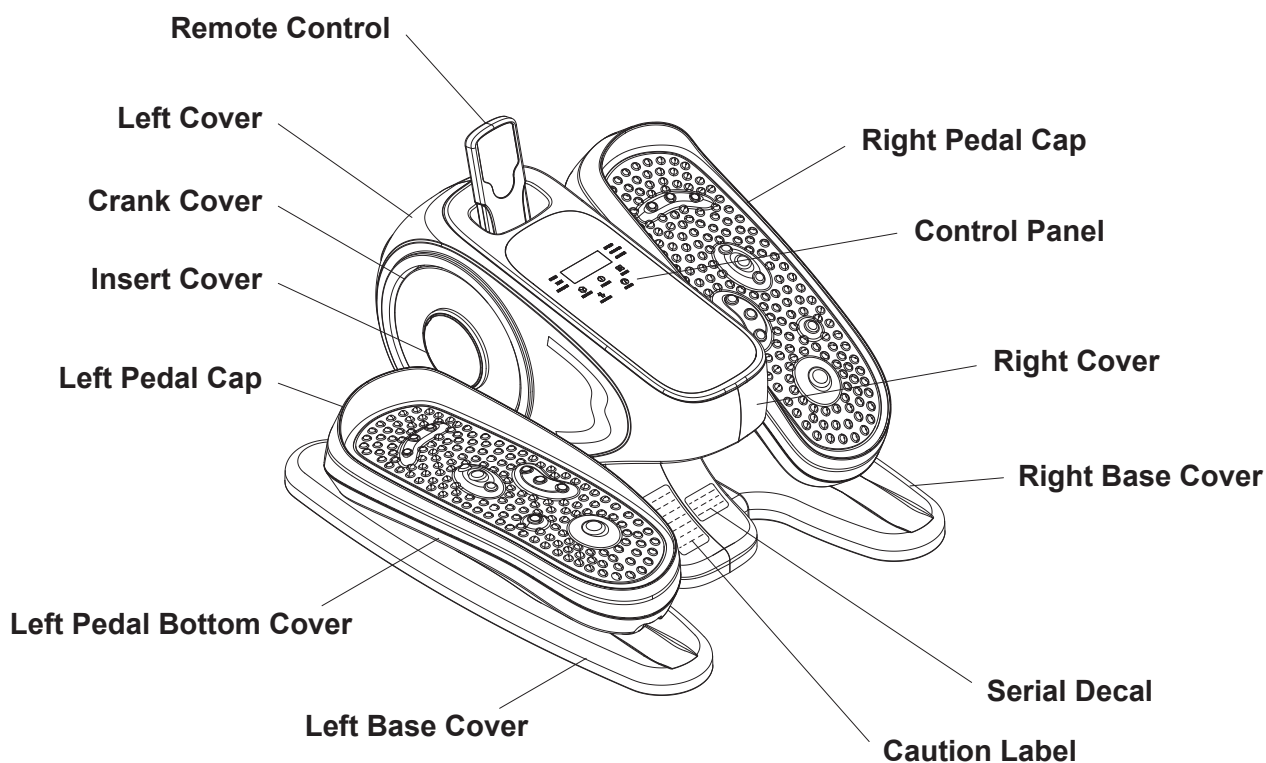
calling for assistance.

Read this manual carefully before using the Stamina Motorized Elliptical.

Providing you with a quality product is Stamina's top priority. However, sometimes there could be a missing or incorrectly sized part. If you have any questions or problems with the parts included with your Stamina Motorized Elliptical, please do not return the product. Contact us **FIRST!**

If a part is missing or defective, please contact Customer Care for assistance. Call us toll free at 1-800-375-7520 (in the U.S.) or live chat on staminaproducts.com. Our Customer Care Staff is available to assist you from 7:30 A.M. to 5:00 P.M. (Central Time) Monday through Thursday and 8:00 A.M. to 3:00 P.M. (Central Time) on Friday.

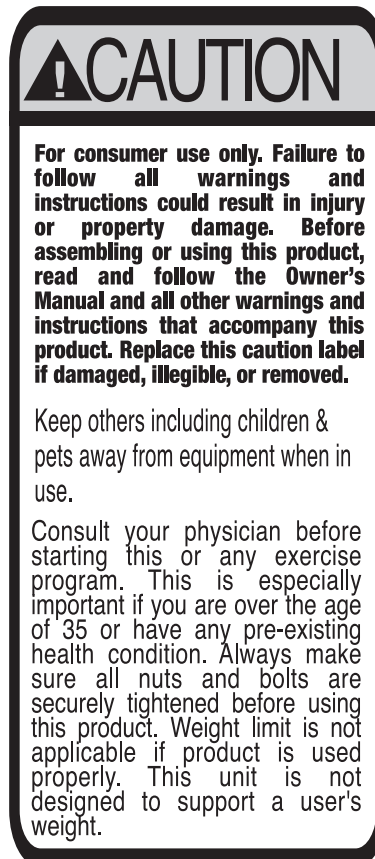
Be sure to have the name and model number of the product available when you contact us.



EQUIPMENT WARNING, CAUTION & NOTICE LABELS

This chart is provided to help identify the warning, caution, and notice labels on the Stamina Motorized Elliptical. Please take a moment to familiarize yourself with all of the warning, caution, and notice labels.

CAUTION LABEL(46)



SERIAL DECAL(47)



To best serve you, our Customer Care Representatives will need your serial number. For quick access, write in your serial number on the cover of the manual.

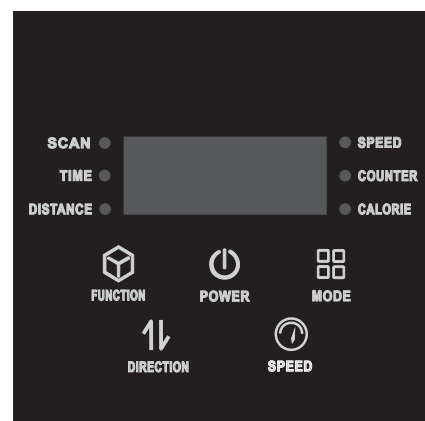
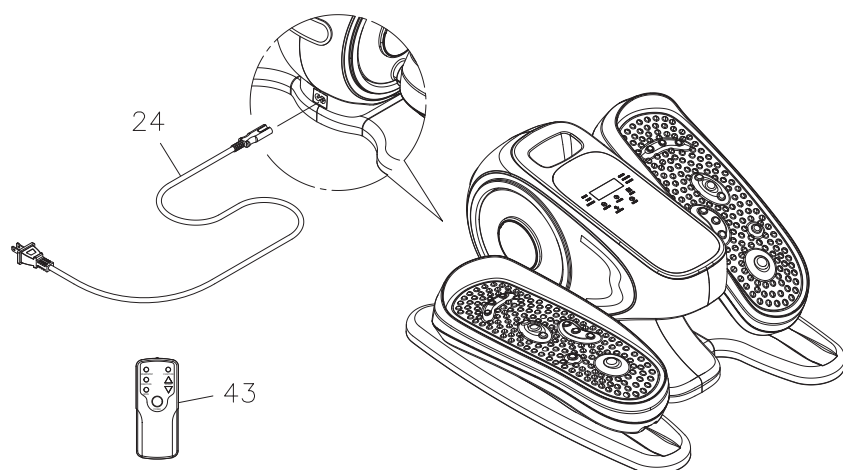
OPERATIONAL INSTRUCTIONS

Place all parts from the box in a cleared area and position them on the floor in front of you. Remove all packing materials from your area and place them back into the box. Do not dispose of the packing materials until the product is ready for use. If you have any questions with the product, please go to staminaproducts.com under the Customer Care section, e-mail us at customer.care@staminaproducts.com, or call us toll free at 1-800-375-7520 (in the U.S.). Our Customer Care Staff is available to assist you from 7:30 A.M. to 5:00 P.M. (Central Time) Monday through Thursday and 8:00 A.M. to 3:00 P.M. (Central Time) on Friday.

⚠ WARNING ONLY USE THE STAMINA MOTORIZED ELLIPTICAL WHILE SITTING. DO NOT STAND ON THE ELLIPTICAL.

The Stamina Motorized Elliptical is a fully assembled product. Remove the Stamina Motorized Elliptical from its carton, and remove all packing materials from the product. Place the Stamina Motorized Elliptical as shown in the illustration below. Plug the **POWER CORD(24)** into the socket on the front of the Stamina Motorized Elliptical, and plug the **POWER CORD(24)** into an electrical outlet.

NOTE: When in use, you can use the **REMOTE CONTROL(43)** to operate the functions of the Stamina Motorized Elliptical.



FUNCTION BUTTONS ON THE CONTROL PANEL:

POWER: Press to power on the elliptical and get into the Selecting mode. Use the **FUNCTION** button to select one of the programs, HR (Manual), P1, P2, and P3. Press the **POWER** button again to start running the elliptical with the selected program. Press to stop the elliptical, all function values will be reset to zero. Press and hold for two seconds to power off the elliptical.

FUNCTION: In Selecting mode, press and release to select one of the programs, HR (Manual), P1, P2, and P3.

MODE: Press to select display functions, including **SCAN**, **TIME**, **DISTANCE**, **SPEED**, **COUNTER**, and **CALORIE**.

DIRECTION: Press to switch the pedaling direction, only available for HR (Manual) program.

SPEED: Press to adjust the pedaling speed, there are 12 speed levels, only available for HR (Manual) program.

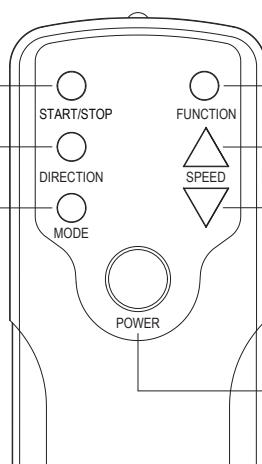
OPERATIONAL INSTRUCTIONS

REMOTE CONTROL FUNCTIONS:

Press to start running the elliptical with the selected program. Press again to stop the elliptical and all function values will be reset to zero.

Press to switch the pedaling direction when running the HR (manual) program.

Press to select display functions, including SCAN, TIME, DISTANCE, SPEED, COUNTER, and CALORIE.



In Select mode, press and release to select one of the programs, HR (Manual), P1, P2, and P3.

Press to increase the SPEED when running the HR (manual) program.

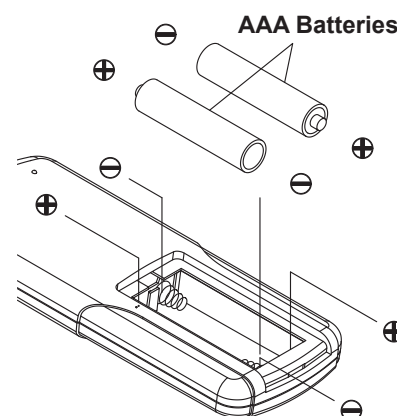
Press to decrease the SPEED when running the HR (manual) program.

Press to turn the elliptical on or off.

HOW TO INSTALL AND REPLACE BATTERIES:

1. Open the battery door on the back of the **REMOTE CONTROL(43)**.
2. The **REMOTE CONTROL(43)** operates with two AAA batteries (1.5V each), the batteries are not included. Refer to the illustration to install or replace the batteries.

- NOTE:**
1. Do not mix a new battery with an old battery.
 2. Use the same type of battery. Do not mix an alkaline battery with another type of battery.
 3. Rechargeable batteries are not recommended.
 4. **Ultimate disposal of battery should be handled according to all state and federal laws and regulations.**
 5. **Do not dispose of batteries in fire.**



OPERATIONAL INSTRUCTIONS

DISPLAY INSTRUCTIONS

SCAN: Automatically scans each function of **TIME**, **DISTANCE**, **SPEED**, **COUNTER**, and **CALORIE** in sequence, display changes every five seconds. Press and release the **MODE** button until the “SCAN” light appears on the screen.

TIME: Displays the time from one second up to 99:59 minutes.

DISTANCE: Displays the distance from zero to 9999 yards.

SPEED: Displays the current speed from level 1 to level 12.

COUNTER: Displays the total number of strides you have taken from zero to 9999 strides.

CALORIE: Displays the calories burned from zero to 999.9 calories.
The calorie readout is an estimate for an average user. It should be used only as a comparison between workouts on this unit.

PROGRAM DESCRIPTIONS

This computer contains the programs, HR (manual) Program, Pre-programs (P1, P2, and P3). Refer to the following for the operation of these programs.



After plugging the elliptical into the electrical outlet, the product is in the connected state.



MANUAL PROGRAM:

Program “**HR**” is a manual program allowing the user to have full manual control of the pedaling speed and pedaling direction. After pressing the **POWER** button, the manual program “**HR**” is always displayed first. Press the **POWER** button on the control panel, or the **START/STOP** button on the remote to start the program.

NOTE: This is the only program you can adjust the pedaling speed, and change the pedaling direction.

OPERATIONAL INSTRUCTIONS

PRESET PROGRAMS:

There are three preset automatic programs, **P1**, **P2**, and **P3**. The computer controls the pedaling speed, pedaling direction, and pedaling time to build the unique programs to help you meet your fitness goals. Refer to the profiles below for the details of these programs.

Preset programs Introduction:

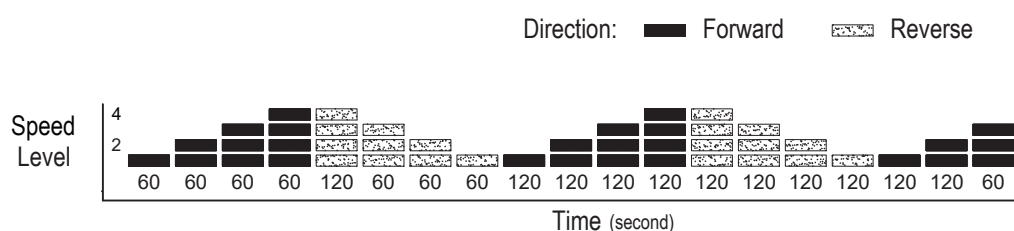
P1: Gentle leg rehabilitation exercises to help improve your mobility.

P2: Low-intensity exercise for better prevention of varicose veins.

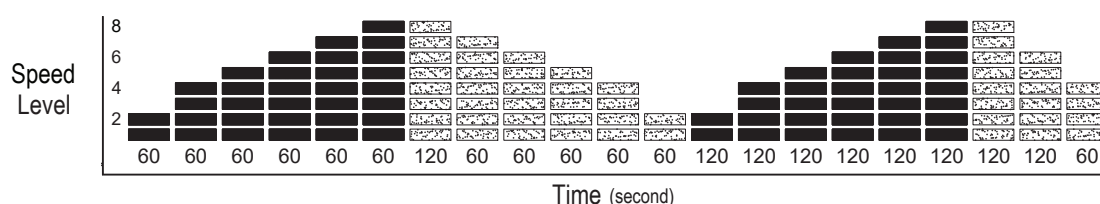
P3: Burn calories with moderate-intensity exercise.

After pressing the **POWER** button, use the **FUNCTION** button to select one of the preset programs, **P1**, **P2**, and **P3**. Press the **POWER** button on the control panel, or the **START/STOP** button on the remote to run the selected program.

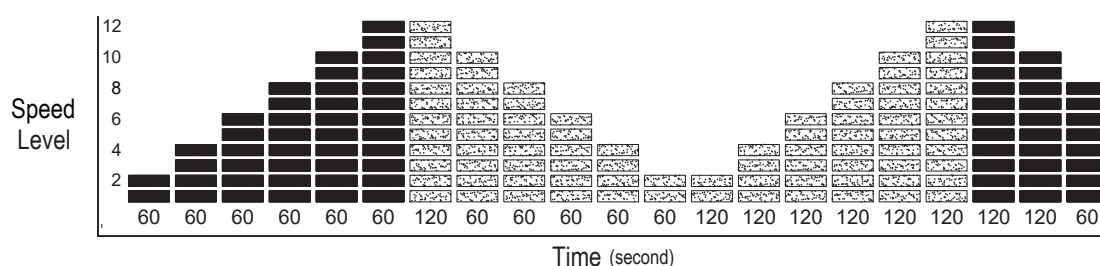
Preset program P1



Preset program P2



Preset program P3



OPERATIONAL INSTRUCTIONS

OPERATION NOTES:

- **ONLY USE THE STAMINA MOTORIZED ELLIPTICAL WHILE SITTING. DO NOT STAND ON THE ELLIPTICAL.**
- When running the elliptical, if the weight load on each pedal over 55 lbs, the elliptical will shut down suddenly. This is the protection action to prevent the user from standing on the elliptical.
- When you finish a program, the elliptical will go into Stop mode and all function values will be kept. You can use the **MODE** button to view these function value readouts.
- When running the elliptical with a program, you can press the **FUNCTION** button at any time to switch to another program. The selected program will flash three times to confirm the selection and run the new program. All function values of the previous program will be kept, and continue to count up when running the new program. During an exercise session, you may switch between several programs, and the function value readouts when you complete the exercise are the cumulative sum of these programs.
- Always unplug the power cord after each use of the Stamina Motorized Elliptical.

TROUBLESHOOTING

If you have problems when using this product, refer to the following tips and possible solutions.

Status	Possible Cause	Solution
Product doesn't turn on	Not powered	Make sure power cord is plugged in.
Product suddenly stops operating	<ul style="list-style-type: none">• Power failure.• Timer exceeded 30 minutes.• Continuous use time is too long, overheat protection.• Beyond maximum User Weight to stand on pedal. It is the protection action.	<ul style="list-style-type: none">• Check the power cord is connected.• Press the Power button to turn the machine on.• Let the product cool down, then turn power back on.• Don't stand on or not exceed the maximum user weight.

STORAGE

- To store the Stamina Motorized Elliptical, simply keep it in a clean dry place.
- Do not place product in direct sunlight or heat. Do not store where there is high humidity, such as bathrooms.
- Do not wiggle the power cord.
- To avoid damage to the electronics, remove the batteries from the remote before storing the Stamina Motorized Elliptical for one year or more.
- To move the Stamina Motorized Elliptical, hold the built-in **FRONT** and **BACK HANDLES(38, 39)** to carry.
- The dimensions of the Stamina Motorized Elliptical are approximately 53.6 inches long x 22.3 inches wide x 9.1 inches tall. Please measure your Stamina Motorized Elliptical if exact dimensions are needed.

MAINTENANCE

The safety and integrity designed into the Stamina Motorized Elliptical can only be maintained when the Stamina Motorized Elliptical is regularly examined for damage and wear. Special attention should be given to the following:

⚠ WARNING Always unplug the elliptical from the electrical outlet before cleaning or servicing the Stamina Motorized Elliptical.

- Periodic cleaning will greatly prolong the life of the elliptical. Keep elliptical clean by dusting regularly. Be sure to clean the exposed part of the roller tracks in the **BASE COVERS(29, 30)** with an absorbent cloth.
- Verify that all nuts and bolts are present and properly tightened. Replace missing nuts and bolts. Tighten loose nuts and bolts.
- Verify that the **CAUTION LABEL(46)** is in place and easy to read. Call Stamina Products immediately at 1-800-375-7520 for a replacement **CAUTION LABEL(46)** if it is missing or damaged.
- It is the sole responsibility of the user/owner to ensure that regular maintenance is performed.
- Worn or damaged parts must be replaced immediately or the Stamina Motorized Elliptical removed from service until repair is made.
- Only Stamina Products supplied components should be used to maintain/repair the Stamina Motorized Elliptical.

CONDITIONING GUIDELINES

How you begin your exercise program depends on your physical condition. If you have been inactive for several years or are severely overweight, start slowly and increase your workout time gradually. Increase your workout intensity gradually by monitoring your heart rate while you exercise.

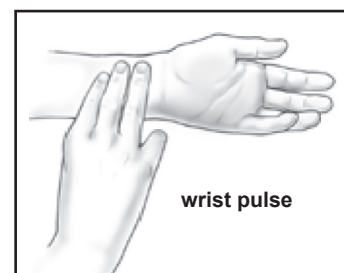
Remember to follow these essentials:

- Have your doctor review your training and diet programs.
- Begin your training program slowly with realistic goals that have been set by you and your physician.
- Warm up before you exercise and cool down after you work out.
- Take your pulse periodically during your workout and strive to stay within a range of 60% (lower intensity) to 90% (higher intensity) of your maximum heart rate zone. Start at the lower intensity, and build up to higher intensity as you become more aerobically fit.
- If you feel dizzy or lightheaded you should slow down or stop exercising.

Initially you may only be able to exercise within your target zone for a few minutes; however, your aerobic capacity will improve over the next six to eight weeks. It is important to pace yourself while you exercise so you don't tire too quickly.

To determine if you are working out at the correct intensity, use a heart rate monitor or use the table below. For effective aerobic exercise, your heart rate should be maintained at a level between 60% and 90% of your maximum heart rate. If just starting an exercise program, work out at the low end of your target heart rate zone. As your aerobic capacity improves, gradually increase the intensity of your workout by increasing your heart rate.

Measure your heart rate periodically during your workout by stopping the exercise but continuing to move your legs or walk around. Place two or three fingers on your wrist and take a six second heartbeat count. Multiply the results by ten to find your heart rate. For example, if your six second heartbeat count is 14, your heart rate is 140 beats per minute. A six second count is used because your heart rate will drop rapidly when you stop exercising. Adjust the intensity of your exercise until your heart rate is at the proper level.



Target Heart Rate Zone Estimated by Age*

Age	Target Heart Rate Zone (55%-90% of Maximum Heart Rate)	Average Maximum Heart Rate 100%
20 years	110-180 beats per minute	200 beats per minute
25 years	107-175 beats per minute	195 beats per minute
30 years	105-171 beats per minute	190 beats per minute
35 years	102-166 beats per minute	185 beats per minute
40 years	99-162 beats per minute	180 beats per minute
45 years	97-157 beats per minute	175 beats per minute
50 years	94-153 beats per minute	170 beats per minute
55 years	91-148 beats per minute	165 beats per minute
60 years	88-144 beats per minute	160 beats per minute
65 years	85-139 beats per minute	155 beats per minute
70 years	83-135 beats per minute	150 beats per minute

* For cardiorespiratory training benefits, the American College of Sports Medicine recommends working out within a heart rate range of 55% to 90% of maximum heart rate. To predict the maximum heart rate, the following formula was used: $220 - \text{Age} = \text{predicted maximum heart rate}$

WARM-UP and COOL-DOWN

Warm-Up The purpose of warming up is to prepare your body for exercise and to minimize injuries. Warm up for two to five minutes before strength training or aerobic exercising. Perform activities that raise your heart rate and warm the working muscles. Activities may include brisk walking, jogging, jumping jacks, jump rope, and running in place.

Cool-Down The purpose of cooling down is to return the body to its normal, or near normal, resting state at the end of each exercise session. A proper cool-down slowly lowers your heart rate and allows blood to return to the heart. Your cool down should be completed after each strength training session.

LIMITED WARRANTY

MODEL 55-1640

WARRANTY

Stamina Products, Inc. ("Stamina") warrants to the original purchaser that this product will be free from defects in materials and workmanship that arise under normal use, service, proper assembly and proper operation in accordance with product warnings/instructions for a period of 90 days on the parts and one year on the frame from the date of the original purchase from an authorized retailer. **THIS WARRANTY SHALL NOT APPLY TO ANY PRODUCT WHICH HAS BEEN SUBJECT TO COMMERCIAL USE, ABUSE, MISUSE, ALTERATION OF ANY KIND OR TO ANY DEFECT OR CHANGE CAUSED BY IMPROPER ASSEMBLY, REPAIR, REPLACEMENT, SUBSTITUTION OR USE WITH PARTS NOT PROVIDED BY STAMINA.** Commercial use includes use of product in athletic clubs, health clubs, spas, gyms, and all other public or semipublic facilities whether or not the product's use is in furtherance of a profit making enterprise, and all other use which is not for personal purposes.

To implement this limited warranty, send a written notice stating your name, date, and place of purchase and a brief description of the defect along with your receipt to Stamina Products, Inc. 4435 West Manufacturers Street, Springfield, Missouri, USA, MO 65803, or email us at customer.care@staminaproducts.com, or call us at 1-800-375-7520. If the defect is covered under this limited warranty, you will be requested to return the product or part to us for free repair or replacement at our option.

NO ACTION FOR BREACH OF THIS LIMITED WARRANTY MAY BE COMMENCED MORE THAN ONE (1) YEAR AFTER THE DATE THE ALLEGED BREACH WAS OR SHOULD HAVE BEEN DISCOVERED. NO ACTION FOR BREACH OF ANY IMPLIED WARRANTY (INCLUDING MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE) MAY BE COMMENCED MORE THAN ONE (1) YEAR AFTER DELIVERY OF THE PRODUCT TO THE PURCHASER. These warranties are not transferable. **IF ANY PART OF THE PRODUCT IS NOT IN COMPLIANCE WITH THIS LIMITED WARRANTY OR ANY IMPLIED WARRANTY, THE REMEDY OF REPAIR OR REPLACEMENT IS THE EXCLUSIVE REMEDY.** If any claim is made under this limited warranty or any implied warranty, Stamina reserves the right to require the product to be returned for inspection, at the purchaser's expense, to Stamina's premises in Springfield, Missouri. Return of the enclosed warranty registration card is not required for warranty coverage, but is merely a way of establishing the date and place of purchase.

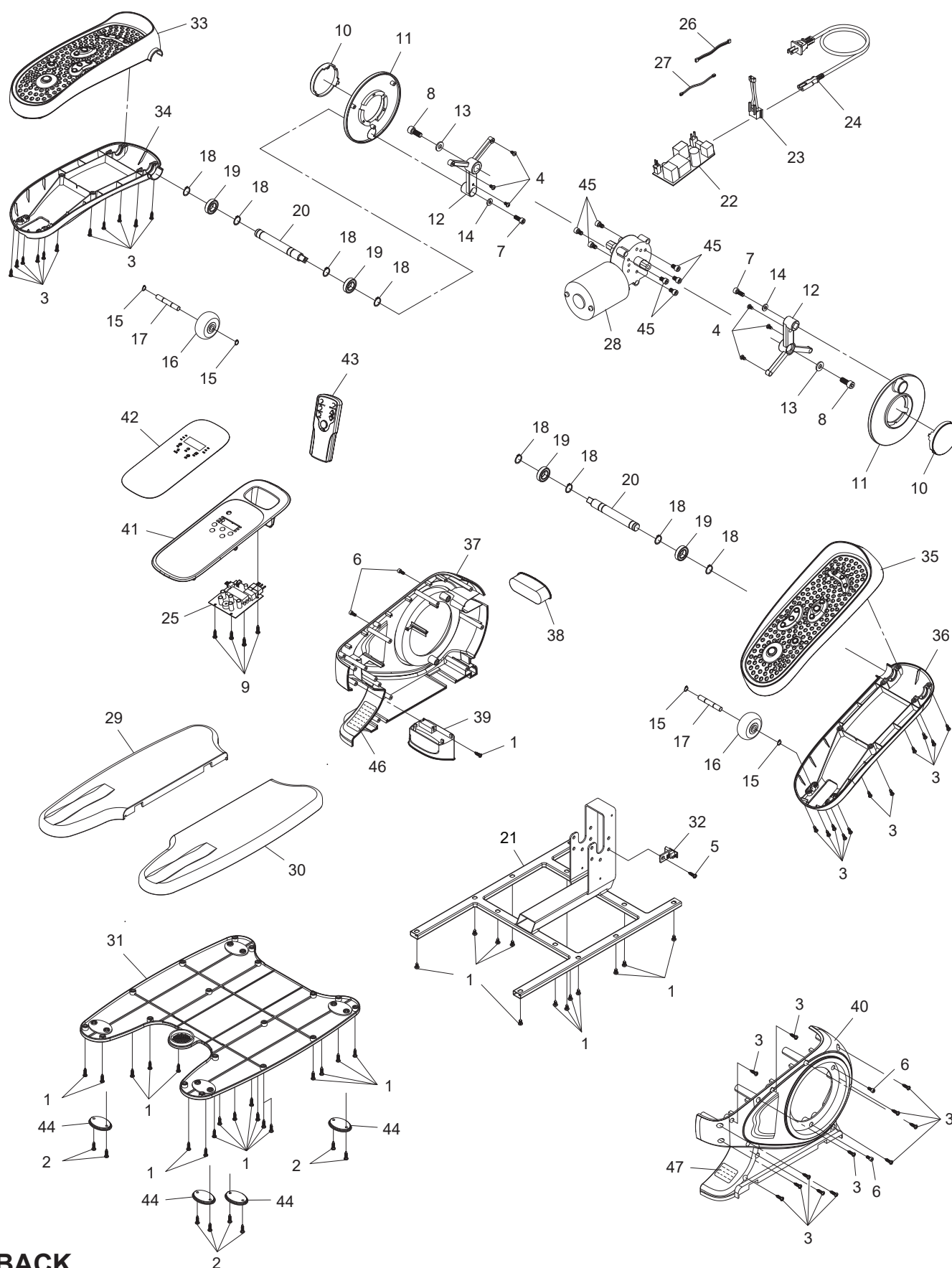
Stamina **SHALL NOT BE LIABLE FOR THE LOSS OF USE OF ANY PRODUCT, LOSS OF TIME, INCONVENIENCE, COMMERCIAL LOSS OR ANY OTHER INDIRECT, CONSEQUENTIAL, SPECIAL OR INCIDENTAL DAMAGES DUE TO BREACH OF THE ABOVE WARRANTY OR ANY IMPLIED WARRANTY.**

THIS LIMITED WARRANTY IS THE ONLY EXPRESS WARRANTY. NO ORAL OR WRITTEN INFORMATION GIVEN BY STAMINA, ITS AGENTS OR EMPLOYEES, SHALL CREATE A WARRANTY OR IN ANY WAY INCREASE THE SCOPE OF THIS WARRANTY. This warranty gives you specific legal rights, and you may also have other legal rights which vary from state to state. **ANY OTHER RIGHT WHICH YOU MAY HAVE, INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, IS LIMITED IN DURATION TO THE DURATION OF THIS WARRANTY.**

The laws in some states affect the disclaimer or limitation of implied warranties and consequential and incidental damages. If any such law is found applicable, the foregoing disclaimers and limitations of and on implied warranties and consequential and incidental damages shall be deemed to be modified to the extent necessary to comply with applicable law.

FRONT

FRONT



BACK

PARTS LIST

PART#	PART NAME	QTY
1	Screw, Round Head (M4 x 10mm)	31
2	Screw, Round Head (M4 x 12mm)	8
3	Screw, Round Head (M4 x 14mm)	34
4	Screw, Round Head (M4 x 8mm)	6
5	Screw, Round Head (M4 x 6mm)	1
6	Bolt, Socket Head (M4 x 0.7 x 10mm)	4
7	Bolt, Socket Head (M6 x 1 x 16mm)	2
8	Bolt, Socket Head (M8 x 1.25 x 20mm)	2
9	Screw, Round Head (M3 x 8mm)	4
10	Insert Cover	2
11	Crank Cover	2
12	Crank	2
13	Washer (M8)	2
14	Washer (M6)	2
15	C Ring (S8)	4
16	Roller	2
17	Roller Shaft	2
18	C Ring (S15)	8
19	Bearing (6902)	4
20	Pedal Shaft	2
21	Main Frame	1
22	Motor Controller	1
23	AC Inlet	1
24	Power Cord	1
25	Meter PCB	1
26	Control Wire	1
27	Meter Connecting Wire	1
28	Motor Set	1
29	Left Base Cover	1
30	Right Base Cover	1
31	Bottom Base Cover	1
32	Sensor	1
33	Left Pedal Cap	1
34	Left Pedal Bottom Cover	1
35	Right Pedal Cap	1
36	Right Pedal Bottom Cover	1
37	Left Cover	1
38	Front Handle	1
39	Back Handle	1
40	Right Cover	1
41	Top Cover	1
42	Control Panel	1
43	Remote Control	1
44	Stand	4
45	Bolt, Socket Head (M6 x 1 x 10mm)	7
46	Caution Label	1
47	Serial Decal	1
48	Manual	1

TO CONTACT CUSTOMER CARE

For your convenience, Stamina's customer care representatives can be reached by email at **customer.care@staminaproducts.com** or by phone at 1-800-375-7520 (in the U.S.). Our customer care representatives are available Monday through Thursday from 7:30 a.m. until 5:00 p.m., and Friday 8:00 a.m. until 3 p.m. Central Time.



**ONLINE
CUSTOMER CARE**
customer.care@staminaproducts.com
www.staminaproducts.com



**TELEPHONE
CUSTOMER CARE**
Tel: 1 (800) 375-7520



**FAX
CUSTOMER CARE**
Fax: (417) 889-8064



MAIL
STAMINA PRODUCTS, INC.
ATTN: Customer Care
4435 West Manufacturers Street, Springfield, MO 65803

Would you like to receive email information or special offers from Stamina Products? Register at contact.staminaproducts.com

TO REGISTER YOUR PRODUCT

To enact your warranty, please register your product by going to register.staminaproducts.com. Please have your product model number (printed on the cover of this owner's manual) and the serial number (printed on the black and white sticker on your product) ready.

If you don't have internet access, you can call customer care at 1-800-375-7520, or fill out and mail the product registration form below to Stamina Products, Inc.; 4435 West Manufacturers Street, Springfield, MO 65803.

PRODUCT REGISTRATION FORM

Stamina Products, Inc.
4435 West Manufacturers Street, Springfield, MO 65803

Model Number: Serial Number:
Product Name:
Place Purchased:
Date of Purchase: Purchase Price:
First Name: Last Name:
City: State: Zip Code:
Email Address: Phone #: ()
Would you like to receive email information or special offers from Stamina Products?* ☐ Yes ☐ No *If yes, be sure your email address is included above.



Detach and Mail or Fax the Form Above



TO ORDER PARTS

If there are missing or damaged parts, you can go to parts.staminaproducts.com and order those parts. If you have questions, please contact customer care. Do not return the product. To order parts by mail, fill out the sheet below and fax it to 417-889-8064. The part will be mailed to your address.



Detach and Mail or Fax the Form Below



PARTS ORDER FORM

Stamina Products, Inc.
4435 West Manufacturers Street, Springfield, MO 65803

Mr./Ms:
Address: Apt. #:
City: State: Zip Code:
IMPORTANT : We require your phone number to process the order!
Phone #: () Work Phone #: ()
Date of Purchase:
Model #:
Purchased From:

**IMPORTANT: Before filling out the portion below, make sure you have the correct information.
Refer to the parts list to make sure you're ordering the right parts!**

PART #	DESCRIPTION	QUANTITY
EXAMPLE: 1	Rear Unit Assembly	1